

How to make a Burrito Pillow Case



materials

For one pillowcase:

- ❖ 3/8 yard fabric for the band
- ❖ 7/8 yard contrasting fabric for the body

Finished pillowcase: 30x20"
(fits standard-size bed pillow)

Quantities are for 44/45"
wide, 100% cotton fabrics.

Measurements include 1/2"
seam allowances. Sew with
right sides together unless
otherwise specified.

Don't worry about loose threads or frayed edges. With the "burrito" method, a pillowcase with no exposed raw edges is easy to create. Follow these simple step-by-step photos to roll your own pillowcase in a jiffy!

1



For band piece, cut:

❖ 1 – 10" x 42" strip

For body piece, cut:

❖ 1 – 26 ½" x 42" rectangle

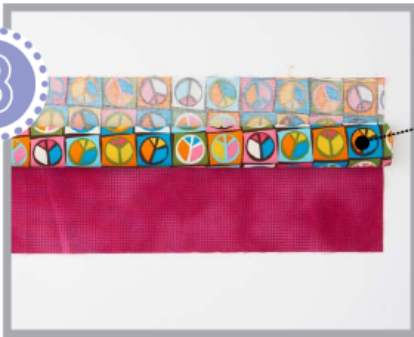
Place band strip right side up on work surface. Matching up long edges, put body rectangle right side down atop band strip. Pin edges together if desired.

2



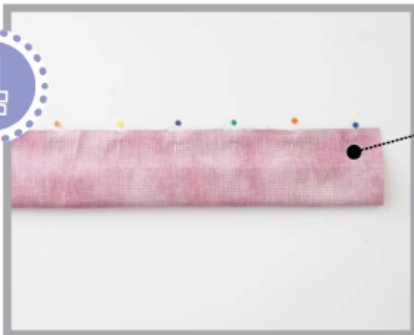
Beginning at lower long edge, roll the body rectangle toward the band strip.

3



Stop rolling when you reach a point about halfway up the band strip. The upper raw edges should still be aligned.

4



Wrap the band strip around the rolled body rectangle to form a tube. Pin the three raw edges together, making sure the rolled rectangle portion does not get pinned (inset).

5



Sew pinned edges together with a 1/2" seam allowance.

6



As if you were pulling a sleeve from a sweater, pull the body rectangle fabric from the tube, turning the pillowcase band right side out to make a pillowcase body.

7



Unroll the body rectangle. All seam allowances should be encased within the pillowcase band.

8



Pulling slightly on the band, press the band flat with seam allowances going toward the band. Turn over and repeat on the opposite side.

Look! No raw edges on either side of the band!

For a video tutorial:
<https://allpeoplequilt.com/million-pillowcase-challenge/one-million-pillowcase-challenge-roll-it>

FRENCH SEAMS METHOD

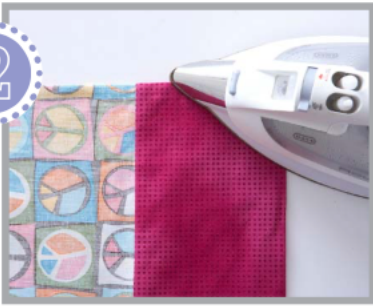
1



To complete a fray-free pillowcase, finish it with French seams. That way, you'll have no raw edges exposed!

With wrong sides together, (yes, **wrong** sides together) and a scant $\frac{1}{4}$ " seam allowance, sew together the long raw edges of the pillowcase. For best results, begin at the band and sew toward the opposite end. You may wish to pin the intersection where the band meets the body to make sure it aligns properly.

2



Turn the pillowcase wrong side out and press the seam allowance flat. For best results, you may need to roll the seam between your fingers to nudge it to the edge prior to pressing.

3



With the wrong side still out and using a $\frac{1}{4}$ " seam allowance, sew the long edge of the pillowcase again, enclosing the seam previously sewn in Step 1.

4



Repeat steps 1-3 along the bottom raw edges to complete the pillowcase.

Now, even the side seams are enclosed!